

Week Five: 11-13 year olds

International Flavors

**Day 1: Mexican Fiesta**

**Breakfast:**

Breakfast Tacos with Scrambled Eggs, Cheese, and Salsa

**Lunch:**

Chicken Quesadillas with Guacamole and Sour Cream

**Side:**

Mexican Street Corn

**Dessert:**

Churros with Chocolate Dipping Sauce

## **Day 2: Italian Delights**

### **Breakfast:**

Caprese Biscuit Sandwiches with Tomato, Mozzarella, and Basil

### **Lunch:**

Homemade Chicken Alfredo

### **Side:**

Garlic Breadsticks

### **Dessert:**

Nutella Mousse Cups

## **Day 3: Asian Fusion**

### **Breakfast:**

Veggie Fried Rice with Scrambled Eggs

### **Lunch:**

Teriyaki Chicken Skewers with Pineapple

### **Side:**

Vegetable Spring Rolls with Sweet Chili Sauce

### **Dessert:**

Matcha White Chocolate Cookies

## **Day 4: Mediterranean Feast**

### **Breakfast:**

Greek Yogurt Parfaits with Honey and Granola

### **Lunch:**

Chicken Slouvaki Wraps with Tzatziki Sauce

### **Side:**

Greek Salad with Feta Cheese and Kalamata Olives

### **Dessert:**

Rice Pudding

## **Day 5: Global Street Food**

### **Breakfast:**

Breakfast Burritos with Salsa Verde

### **Lunch:**

Vietnamese Banh Mi Sandwiches with Pickled Vegetables

### **Side:**

Spanish Patatas Bravas

### **Dessert:**

Brigaderos