

### In honor of Veterans Day, the College will be Closed November 10

### November 9 at 11 am



Please Join Us For A Special

**Veterans Day Ceremony &** 

## **Dedication of New Veterans Memorial Park**

### Thursday, November 9, 2023 11:00 AM

Niagara County Community College Veterans Memorial Park 3111 Saunders Settlement Road | Sanborn, NY 14132

## SIGN UP TODAY!

http://niagaracc.suny.edu/showcase



SIGN UP NOW!

For more information, visit: www.niagaracc.suny.edu/showcase

Fill Out

## **Competitive Showcase April 2024**

- Present Academic Research
- Engage with an Audience
- Gain Experience
- Work with a Faculty Mentor
- Thousands in Prize Money

an Interest Form Today! Questions? Ask a librarian or email:

library@niagaracc.suny.edu

### **Dining Services:**

Menus and Hours: Dining Commons Commons Café Veteran's Day Weekend Dining Services Hours Friday and Saturday: Dining Commons will be open from 11:30 am - 2:30 pm Sunday: Commons Café will be open 11:30 am - 2:30 pm Specials: Soups: Monday: Beef on weck **Buffalo Chicken** Tuesday: Chicken cordon bleu Cream of Potato Wednesday: Chicken ala king Chicken and Dumplings Thursday: Buffalo mac and cheese Golden Broccoli Pizza: Veggie Tonia Fingerlow, Dining Services Manager

### Career and Transfer Services:

EMPLOYER RECRUITMENT SCHEDULE: 11/6/2023 – Wahi Studio (10-12pm) Learning Commons 11/7/2023 – Intandem (10:30-2pm) learning commons

TRANSFER SCHOOL SCHEDULE: 11/6/2023 - Niagara University (10:30-1:00pm) Learning Commons 11/7/2023 – SUNY Empire (10-2pm) Learning Commons 11/8/2023 – Buffalo State (10-2pm) Learning Commons 11/8/2023 - Niagara University (11-1:30pm) NFCI 11/9/2023 – University at Buffalo (10-2pm) Learning Commons

MILITARY VISIT SCHDEULE: None this week Kate Murphy, Career & Transfer Services Program Administrator, Student Success Center, Learning Commons

### Student Life:

Pantry is now restocked! Stop by Student Life for more details on how to access.



Call:+1-716-614-6255

studentlife@niagaracc.suny.edu

## Athletics:

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MEEKLY SCHEDULE	KAAAAA BEE THUNDER WOLHVIES	MON.		VOV.6-12	
		non.			
		TUES.	WBB @ CORNING CC 5 pm @ccc	MBB @ CORNING CC 7 pm @ccc	
		WED.			
		THURS.			
		FRI.	WBB @ ALLEGANY (MD) 5 pm @acm	MBB @ ALLEGANY (MD) 7 pm @acm	MHKY @ U. OF ROCHESTER 7 PM @gv complex
		SAT. WRES @ BROCKPORT DUALS WBB vs. HOWARD CC MBB vs. HOWARD CC MHKY vs. U. OF R 1 pm @acm 3 pm @acm 6:30 pm @hyde park			
		SUN.	WBB vs. HARFORD CC Noon @acm	MBB vs. HARFORD CC 2 pm @acm	
		#ROLLWOLVES			

## WEEKLY SCOREBOARD



<u>Men's Basketball (2-0 overall)</u> No. 3 (D2) Niagara CCC 89, No. 13 (D3) Genesee CC 83 No. 3 (D2) Niagara CCC 95, Bryant & Stratton-Ohio 65

### Women's Basketball (0-0 overall)

Genesee CC @ No. 20 (D2) Niagara CCC, postponed Bryant & Stratton-Ohio @ No. 20 Niagara CCC, canceled

#### Wrestling (1-4 overall)

University at Buffalo 49, Niagara CCC 0 Glenville State 46, Niagara CCC 6 Seton Hill 39, Niagara CCC 13 Niagara CCC 30, Muskegon CC 24 Olivet 58, Niagara CCC 0

Men's Club Hockey (6-1-0 overall) Niagara CCC 5, St. John Fisher 2



\*\*\*For more information: www.ncccathletics.com\*\*\*

### **Alliance Federal Credit Union News:**

Visit us on the web to see what services are available: https://allianceniagara.com/

The Credit Union staff is always happy to answer any questions that you may have regarding your banking needs. They are located in G-building (G-146), just down the hall from Public Safety and directly across from Student Housing. Stop in and let them help you with your banking needs.

Nancy E Sweeney, Business Manager, Alliance Niagara FCU

### Justice, Equity, Diversity, and Inclusion:

Visit the web <u>https://www.niagaracc.suny.edu/jedi/</u> for more information and upcoming activities. John D Strong, Chief Diversity & Equity Officer

### Wellness Center:



# **Personal Counseling**

It is the mission of the NCCC Wellness Center Personal Counselors to provide free and confidential counseling services to students in a safe, friendly environment and to work towards improving the mental health of students with the overall goal of improving their personal, academic, and overall functioning. Counseling services include short term individual therapy, group therapy, educational workshops, consultation services, crisis intervention, and referral services. All aspects of counseling are strength based as Counselors work collaboratively with students, staff and community services to provide solution focused therapy to enhance the quality of student life. We are dedicated to empowering students to make informed, positive lifestyle choices, to take responsibility for self care, and to achieve optimal levels of wellness in order to reach their full academic potential.

It is normal for college students to have some personal doubts and to experience personal problems and challenges. Licensed Counselors in the NCCC Wellness Center provide confidential short term personal counseling at no cost to NCCC students. Counselors work with students to help them understand and explore how their feelings and thoughts influence their choices, decisions, and actions. Our Counselors help students to develop more effective coping and problem-solving skills and to help improve overall functioning. Personal Counseling at NCCC is designed to be short term, however if more intensive services are deemed necessary, a referral will be made to appropriate community agencies.

Cheri Yager MSN, BSN, RN, Supervisor of College Nursing Services/Wellness Center

### At NFCI Join in the Magic of Gingerbread Wonderland:

Donate your time this holiday season by volunteering at WNY's Largest Manmade Gingerbread House located inside the Niagara Falls Culinary Institute (NFCI) during the Gingerbread Wonderland event! Help kids decorate cookies, write letters to Santa, make crafts, and more! This is a great opportunity for students & student clubs to get involved.

Volunteer Sign up is open. Sign-up links for the dates still available are below.

<u>https://volunteersignup.org/YKL8A</u> - December 2nd, 2023 volunteer sign-up link <u>https://volunteersignup.org/PF888-</u> December 9th, 2023 volunteer sign-up link

Please contact Jill Faddoul at 716-614-5974 or jmfaddoul@niagaracc.suny.edu in the Public Relations Department with any questions about volunteering.

### **Hours of Operation**

Sanborn Campus Monday – Friday 8:00am – 7:00pm

Tele Counseling Available 24/7. Download the My SSP app: https://myssp.app

#### Wellness Center

Phone: 716-614-6275 Fax: 716-614-6817 Location: C-122

Niagara Falls Culinary Institute (NFCI) Hours are also available at NFCI. Contact the *Wellness Center*, as above, for details and to schedule an appointment.



